

East Village  
Summer 2020

A close-up photograph of a bee on a purple flower. The bee is positioned in the lower right quadrant, facing left. The purple flower is in sharp focus, while the background is filled with out-of-focus white blossoms and green foliage, creating a bokeh effect. The overall lighting is soft and natural.

# ON YOUR DOORSTEP.



# Welcome to the Summer edition of On Your Doorstep, East Village's community newsletter

For more regular news and updates  
follow @eastvillageldn on social media.

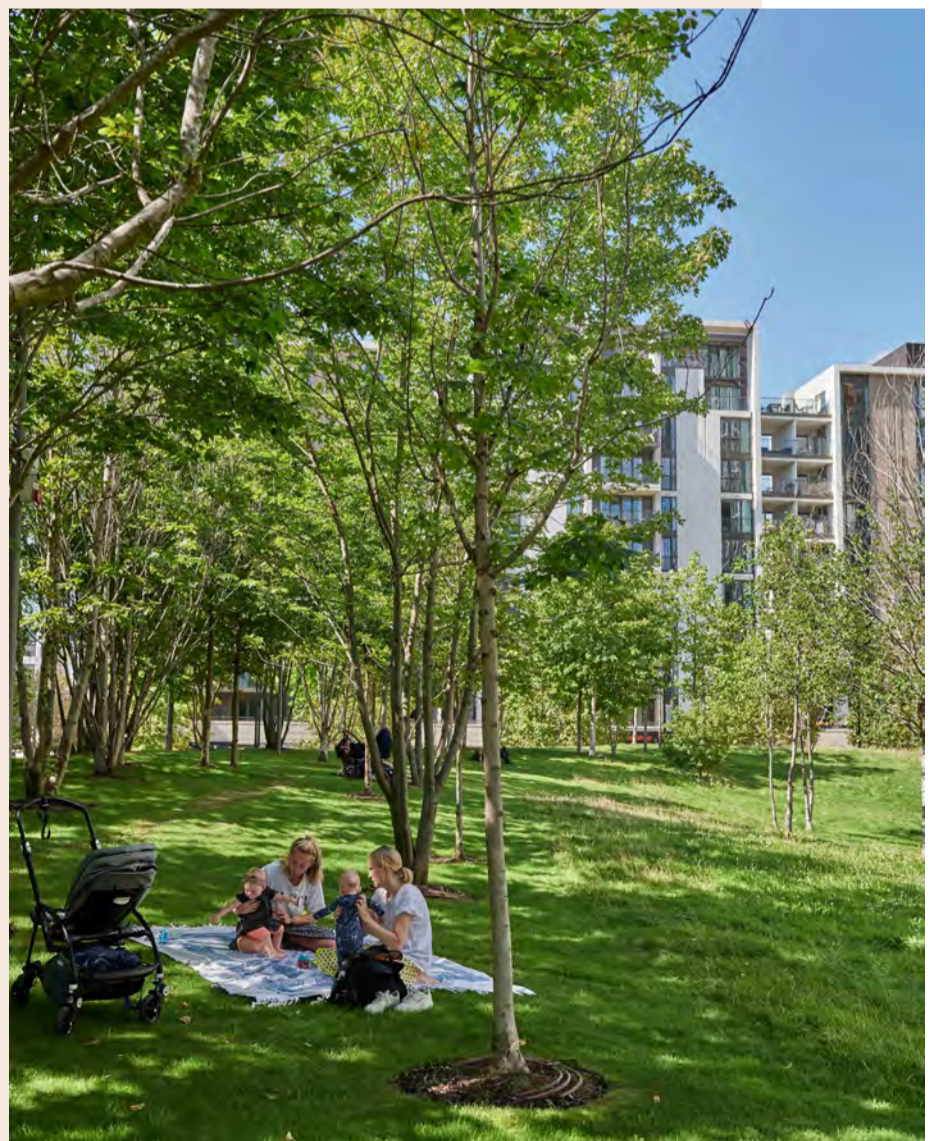
## Summer in E20

This week marks the official start of summer and though it might not be the summer we'd all planned, we are looking forward to long walks, ice creams and picnics in the sun. All we need is for the weather to play nice!

As more of our independent retailers reopen their doors with social distancing measures in place, we hope that life in East Village will start to feel more normal. Flip to page 11 to discover what shops, restaurants and cafés are back serving up your favourites.

Get Living is continuing to run virtual events to keep all East Village residents entertained (see page 9) and is starting to plan for when we can safely host community events in real life again.

Throughout this time Queen Elizabeth Olympic Park has remained open, with 560 acres of stunning parklands to explore, and is planning to run a virtual East London Summer School. Turn to page 6 to see what else is happening in the local area this summer.





# News from the Community Team

## Volunteer programme and food donations

Over the last 10 weeks Team East Village's Community Team has been running a volunteer programme to support vulnerable people in the neighbourhood. They have been overwhelmed with the response from the community and had over 50 volunteers sign up to deliver essential food and items to those in need across the village.

There is now a core group of volunteers who are willing to help with any other things needed across the village. We are looking for food donations to help support the vulnerable in our community – if you are able to donate some non-perishable items or would like to organise a collection with your neighbours, please get in touch with Rebecca Crawley in the team via the contact details below.

### Contact the community team

#### Rebecca Crawley

e: [Rebecca.crawley@eastvillagemanagement.co.uk](mailto:Rebecca.crawley@eastvillagemanagement.co.uk)

m: 07736 044 703

#### Kier Wilson

e: [Keir.wilson@eastvillagemanagement.co.uk](mailto:Keir.wilson@eastvillagemanagement.co.uk)

m: 07593 820 295

Follow [@e20community](https://www.instagram.com/e20community) on Instagram

## East Village Wildlife Club

The Wetlands area in East Village, together with the adjoining wet woodlands in Queen Elizabeth Olympic Park, forms one of the largest man-made areas of this rare habitat in the UK.

The Wetlands are also now home to a variety of wildlife including bees, bats, songbirds, frogs and reptiles. There are 150 ecology installations throughout East Village ranging from bird boxes to deadwood areas for invertebrates. If you would like to carry out a wildlife survey around East Village during the Summer please click [here](#) and feel free to share the results with Keir Wilson in the community team.

Thank you for those that have already showed an interest in bee keeping in Victory Park. If you would be interested in learning and helping the ecology system grow in East Village, please contact Kier. We are hoping there will be many more opportunities to get involved.





# Homework club

The Community Team and Chobham Academy set up a Homework Club just before lockdown to support local young people. Run from The Hall, the club brought students together to help them complete homework, play games and time to spend together.

Due to the Coronavirus outbreak, club meetings were paused, and the team has been working on moving the activities to an online platform. If any parents or young people would like to sign up – they can get in touch with Rebecca or via the **@e20community** Instagram page.

We are aware that some young people and families on the village don't have access to a laptop or device, making it harder for them to do their homework and so we are asking anyone locally if they have a spare device to get in touch.



# Meet 'The Match'

## Connecting furloughed workers with small businesses and charities

Are you furloughed and would like to volunteer your time? Or are you a small business or voluntary sector organisation looking for support? The Match might be just what you're looking for.

The Match connects skilled professionals who are furloughed from their jobs with small businesses and charities for strategic and practical business support during the Covid-19 pandemic.

The scheme is powered by Echo – the economy of hours social enterprise facilitating skill exchange in East London since 2014. It was initiated by Echo, Loughborough University London and Hackney Wick and Fish Island Creative Enterprise Zone, and aims to support the vibrant local ecosystem of small creative businesses, self-employed creatives, charities and community groups that make this part of East London distinctive.

Since it launched in mid-May, The Match has had offers of help and expertise in areas including fundraising, legal advice, videography, social media, branding, copywriting and lots more.

If you're currently furloughed and would like to volunteer your time, or if you're a small business or VSO looking for support, you can sign up for free at: [economyofhours.com/thematch](https://economyofhours.com/thematch).

# Summer lovin'

We've been blessed with some great weather over the past few months and long may it continue! Keep sharing your sun-kissed selfies, picnic pics and ice cream shots with us using @eastvillageldn so we can re-share.

Get Living continues to run its **#getlivingathome** Instagram competition with £50 prizes to be won every week. Simply tag **@simplygetliving** and use the hashtag – visit the feed for T&Cs.



hmfyoga





## Thank you to E20's NHS workers

Get Living, Team East Village and Mace teamed up with skincare brand Balance Me to put together pamper packages for NHS workers who live in East Village as a small token of our thanks and appreciation for all they've been doing during these difficult times.

Our local volunteers will be helping put 100 gift boxes together and we will be contacting East Village's NHS workers to let them know how they can claim their gift box.

**Balance Me** also have a 30% off offer for key workers. For more information email: [customercare@balanceme.com](mailto:customercare@balanceme.com).

# Health & wellbeing

As the rules of lockdown start to ease our local health and wellbeing businesses have been able to reopen and adapt their services to operate with social distancing.

## FitFam Studios

FitFam Studios have been keeping busy during lockdown. They made their 1-2-1 sessions and classes available virtually through Zoom, which has meant clients have been able to continue their fitness and training during lockdown.

They have also launched their latest project, FitFam Mummies, offering virtual training and nutrition packages for new mums after pregnancy, either as a private group or personal 1-2-1s.

Now as lockdown is starting to lift, they are reintroducing 1-2-1 training and group sessions in the great outdoors - keeping you fit and keeping you safe. Make sure you're following them on Instagram [@fitfamstudios](https://www.instagram.com/fitfamstudios) for more details.



## Our Parks

Our Parks is looking forward to resuming group exercise outdoors in Victory Park once it is safe to do so and will be delivered while maintaining social distancing.

Stay tuned for more information on when this will be and visit [OurParks.org.uk](https://www.ourparks.org.uk) for upcoming announcements.

In the meantime, join the team of instructors on [Our Parks Live](https://www.ourparks.org.uk) to take part in daily livestreamed sessions delivered by their qualified Coach team.



## FIX

FIX, is re-opening its doors this month for a limited number of face-to-face consultations.

With a few effective, extra measures in place to make sure you and the team stay safe, you can visit them on Penny Brookes Street to help resolve any lockdown niggles and deal with those injuries you've been meaning to get sorted.

Their Pilates and yoga classes and wider consultations are continuing online. All bookings and more information can be found on their [website](https://www.fixphysiotherapy.com) or sign up to their newsletter [here](https://www.fixphysiotherapy.com).





# What's On

## E20 Football Foundation

E20 Football Foundation (E20FF) continues to partner with Football Unites running a free daily online schedule for E20 residents.

Sessions include Adidas Smart Ball Challenges, FIFA 20 tournaments, Family Quizzes, Mini Kickers, Mentoring, Storytelling, Premier League interactive activities and more. E-prizes are given out every week. Please follow the E20FF [Facebook page](#) for more information.

E20FF is delighted to announce that they have now become an affiliated club with the Football Association (The FA). Look out for their social media campaign and online football CV building & video submissions to select the best players to represent the team in the London FA leagues.

Head to their Facebook page social for online football CV building and to select the best players to represent the team in the London FA leagues.



A couple of lucky winners of E20FF's competition!



COMMUNITY SPORT ACADEMIES

BRINGING COMMUNITIES TOGETHER THROUGH SPORT

## ONLINE SCHEDULE

Due to Covid-19; Football Unites and E20 Football Foundation will be collaborating to deliver the following schedule each week until we return:

- Mon: Football Stories: 6pm-7pm (all ages)
- Tues: Mentoring coaches: 6pm-7pm (12+)
- Wed: Developing Football Skills: 6pm-7pm (12+)
- Thur: Family Sport Quiz: 6pm-7pm (Family)
- Fri: Activity Packs: 6pm-7pm (4yrs - 12yrs)
- Sun: Mini Kickers Skills (2yrs - 6yrs)
- Sun: Advanced Skills (6+)
- Weekly: Home Olympics 🏆 🏅 🏅

Look out for more upcoming tournaments



Info: [www.sportacademies.org](http://www.sportacademies.org)  
Contact: [info@footballunites.org](mailto:info@footballunites.org)

Prizes to be won



E20 Football Foundation & Football Unites are proudly sponsored by LLDC, Get Living, Chobham Manor and Triathlon Homes

## Virtual resident events

Not fed up of Zoom quizzes yet? Well neither are we! Every Thursday for our **Big Night In** we're bringing you fresh brainteasers with Paul and Seb. Fast fingers at the ready, you'll be no match for The Chasers by the end of lockdown.

**Makers Meet** workshops are now running every other Tuesday, coming up this week we'll be teaming up with Hackney Herbal for an online workshop on growing herbs in small urban spaces - from balconies to window ledges and windowsills. Book your space here for free and keep checking [getliving.com/events](http://getliving.com/events) for future events.

This month Get Living also launched **Tuned In**, a series of expert talks providing everyday tools to improve your career and personal life.



# Live Sessions

Get Living is continuing its series of 'Live Sessions' throughout the summer months, partnering with retailers and businesses from its neighbourhoods across London and Manchester to put on virtual activities and events to help keep you entertained during lockdown.

More details and live streams will be hosted at [getliving.com/events](https://getliving.com/events).



## The Maker's Guild Digital at The Yard Theatre

The Yard Theatre based over in Hackney Wick is running two weekly free after school art clubs online. Led by visual artist Kirsty Anne Reynolds they deliver exciting weekly videos, photos and tasks to keep you creating. Make a tiny puppet theatre or make your own work inspired by iconic artists. It's designed so you'll never need fancy equipment and it's always totally free - sign up to the mailing list to join in!

Sign up for events [here](#) and follow [@YardLocal](#) [@YardTheatre](#) on Twitter for the latest updates.

**When? Every week until September**



## Baking Sweet Treats with Signorelli

Signorelli's bakers will be showing you how to make the perfect red velvet sponge, Italian biscuits biscotti and vegan treats. Please check Signorelli's Facebook for the ingredients list if you want to cook along.

**When? Saturdays, 10:30**



## Vinyasa Yoga with Claudia Mirallegro

Get Living partnered with Manchester yogi Claudia last summer to host canal side classes at New Maker Yards. Claudia returns to offer weekly Vinyasa flow, suitable for all levels so why not give it a go?.

You can also join in from any location with her virtual Live Sessions in June.

**When? Mondays, 18:30-19:30**



## Brewery Tour, Beer Tasting and Cookery with Seven Bro7hers

Seven actual brothers from Salford are sharing their love of beer over a series of online sessions.

The guys opened their second beerhouse at Get Living's New Maker Yards in Manchester at the end of last year and are now hosting online beer tastings, a virtual brewery tour and cooking with beer. They deliver to London so why not order some of their famous craft brews [online](#) to get fully involved in the tasting sessions.

**When? Fridays, 19:00-20:00**



## Energy and Movement with Jared Berndt PT

Get Living has partnered with fitness guru [Jared Berndt](#). Sessions will be 45 minutes long running through some fundamental movements which can all be done from the comfort of your living room, without the use of weights. Jared's aim is to improve your energy + movement through fitness and wellness.

**When? Wednesdays, 11:00**

# Local Area

## Applications open for spaces at Hackney Bridge

Hackney Bridge, previously known as Clarnico Quay, is a brand new canalside destination close to Hackney Wick, built on the former site of the Clarnico Sweet Factory. Hackney Bridge will offer workspace, studios, public facilities, events, markets, restaurants and bars, giving local enterprises the space they need to thrive together. The site aims to launch in late 2020.

Applications are now open for a range of spaces, both large and small, suitable for all types of businesses. The spaces include light and airy artists studios, light industrial units, glass-fronted maker-retail units, food kiosks, private offices, a general store, cafe space and more.

Find out more or book an appointment with the team at [hackneybridge.org](http://hackneybridge.org) and follow [@Hackney\\_Bridge](https://www.instagram.com/Hackney_Bridge) on [Instagram](https://www.instagram.com/Hackney_Bridge), [Twitter](https://www.instagram.com/Hackney_Bridge) or [Facebook](https://www.instagram.com/Hackney_Bridge).



## An update from Westfield Stratford City

Following Government guidelines, Westfield Stratford City reopened on Wednesday 15 June and our biggest priority right now is doing that safely for all visitors coming to our centre.

Although our robust plans go above and beyond Government guidelines, we understand that people will be very cautious about returning to any public locations, and rightfully so – this pandemic has had a devastating effect on our communities. We don't underestimate the importance of getting these measures right, not only to ensure everyone is safe, but that they also feel confident

that their wellbeing is genuinely being considered at every point.

As well as heightened hygiene measures across every touch point, we have technology to monitor footfall and flows and ensure social distancing is practiced, as well as the benefit of onsite guest services teams to assist. We are also asking all our visitors to work with us and help us make these new ways work for everyone.

We look forward to welcoming back you, our neighbours, as well as all retailers, shoppers and employees.



## EAST Summer School

Looking for a chance to get stuck into something creative this summer? For those aged 12–17, EAST Summer School is back and once again offering an amazing range of courses on creative, tech and design industries delivered by world-leading organisations, such as the BBC and UCL.

All courses are being brought to you online, starting on 27 July, with one-off classes to full-week courses covering everything from creative arts, theatre, dance, engineering, architecture and computer game design to name a few.

For further information and to register your interest visit the website [here](#).



# Food & Drink

With non-essential shops now able to open, we're pleased to see more of our much-loved independent retailers reopening their doors. Many restaurants and cafés who operated takeaway and delivery services throughout lockdown continue to do so and there are few who have now opened online shops.



## La Gelatiera

@lagelatiera

Hailed as one of the best places for ice cream in London, La Gelatiera is open seven days a week 09:30–18:00 (subject to change as lockdown eases) and continues to be available on Uber Eats and Deliveroo.

This spring the gelato specialists announced that half of their menu is now vegan friendly.

Manager Stephane says: "We've been working on new dairy-free sorbets to complement award-winning flavours. We appreciate that as a lifestyle, veganism promotes respect for any form of animal life which is why we only use for our dairy based milk and cream from The Estate Dairy farm in Somerset for which animal welfare and sustainability are paramount. Their small herd of Guernsey Cows is farmed freely and sustainably on over 500 acres of idyllic Somerset pastures."

Check out new flavours and old favourites, including Amarena Sour Cherry (below), at 1 West Park Walk. 20% of takeaway proceeds continue to go to front line NHS staff.



## Darkhorse

@drkhrse20

Make the weekend extra special by treat yourself to a Darkhorse dinner at home, available from Thursdays to Saturdays. The Chefs have chosen some special items from their menu and a few little extras that can be easily reheated, download the menu [here](#).

Pre-order for collection by emailing your selections to [info@dhe20.com](mailto:info@dhe20.com) or call the restaurant on 020 8534 4579 or pop in on the days it's open to see what's available on the day.



## Signorelli

@signorelli\_london

The family-run artisan bakery is open Tuesday to Sunday 09:00–17:00, for takeaway. Treat yourself to some delicious cakes, bread, pastries, coffee, wine, fruit & veg and eggs or order supplies to your door [here](#).

Over the last 12 weeks, more than 1,200 giveaways to front line staff have been made with generous community donations. Signorelli is now offering 20% off to NHS workers and frontline staff who show ID when they order.

Signorelli has also recently launched a new website and web cake shop, so you can now order celebration cakes [online!](#)







## Tina We Salute You

@tinawesaluteyoue20

E20's cocktail bar continues to serve takeaway brioche breakfast baps, Spanish tortillas, sweet treats from Tina's Hole at the weekends, 11:00–16:00.

Tina now have Capocello cooking up Italian classics and comforting suppers for their Italian dinner residency. Check out @tinawesaluteyouE20 and @capocelloe15 for more details of menus and how to order.

If you haven't already, check out their arty t-shirts at [shop.spreadshirt.co.uk](http://shop.spreadshirt.co.uk).



## Santi

@santi.restaurant.london

Order your favourite pasta dishes and pizzas for local delivery or collection by ordering online at [santirestaurant.com](http://santirestaurant.com) or using their mobile app.



## Appetite

@appetitelondon

East Village's delicatessen selling the finest free-range meat, cheese, master butchers and other produce is open: Monday to Friday 11:00–20:00, Saturday 10:00–20:00 and Sunday 10:00–19:00.

Appetite will continue to deliver for orders over £50— please place an order via text message on **07854 848586** or **07581 412246**, between 11:00–16:00 to get Same Day Delivery after 17:00.

For more information please call **020 8519 8113**.

## Mother Kelly's

@motherkellys\_e20

East Village's tap room is now open for click & collect and takeaway, Wednesday to Sunday 12:00 – 18:00. Discover it's range of craft beers, ales and stouts from all over the world and bring them home by visiting their website [here](#).



## Firezza

@firezapizza

Firezza's famous hand-stretched, stone-baked pizzas continue to be available on delivery and for collection. Follow their Instagram page for details of Early Week Treats where you can get up to 30% off.

Order at: [firezza.com](http://firezza.com)



## Salus Pharmacy

Salus Pharmacy on Liberty Bridge Road remains open seven days a week:

Monday 08:00–20:30,

Tuesday to Friday  
07:30–20:30

Weekends 08:00–14:00

This pharmacy offers the Electronic Prescription Service, which means you can collect repeat prescriptions from your GP without having to visit your GP practice (once sent by your GP) which can be prepared in advance to reduce time spent in the pharmacy.

Call **020 8555 3767** for more information.



# Messages from Team East Village

## Keeping East Village running during lockdown

After maintaining a core response team within East Village during lockdown, with restrictions lifting we are pleased to be welcoming back more of our team to site and as of Monday 1 June have had our full team of security working back in the village.

We are continuing to adapt to a new normal and would like to thank residents for their continued cooperation while we work to bring back more of our services and for continuing to respect social distancing with our teams for your own and their safety.

This team can be contacted on **020 8221 7013**. For all other enquiries you can still contact your landlord during normal office hours (below).

## Barbeques

Unfortunately, over the past few weeks we have dealt with several reports of barbeques being used on balconies which has led to the call out of the London Fire Brigade.

Barbeques on balconies are not permitted and are in breach of your tenancy agreement as well as posing a serious fire risk. If your neighbours are barbecuing from their home, please report this to Team East Village security by calling **0208 221 7013**.

While we appreciate neighbours being vigilant we want to reassure you that the security team is equipped to attend properties to help relieve pressure on the Emergency Services. In the event of fire, please call the Emergency Services right away.

We are pleased to have been able to reopen the public barbeques along Olympic Park Avenue and next to the outdoor gym so that residents can enjoy outdoor barbeques in the warmer months.

As before, barbecues will be first come, first served, and we have placed signage reminding residents to follow government advice around social distancing. Team East Village Security will patrol these areas as part of their rounds to help ensure barbeques are being used safely.

## Being considerate – noise levels

With many people now working from and spending time at home, we are asking residents to be mindful of noise levels and the impact this has on your neighbours.

During this time, any noise complaints should be referred to Newham's Enforcement Team on **020 8430 2000** (24 hours a day) who have enforcement powers and can act against any offenders.

Please remember that children can only use the courtyards with an adult supervising them, so during this period we ask that our families instead make use of East Village's parks and green spaces or take advantage of the Queen Elizabeth Olympic Park on our doorstep which remains open.

## Feeding pigeons

There have been reports concerning residents feeding pigeons and/or leaving household waste on their balconies that attracts pigeons and other pests. We are asking residents to please refrain from doing so as this is both unhygienic and causing a nuisance on the development with pigeon's excreting on windows and balconies.

All household rubbish must be put in appropriate refuse sacks and taken down to the bin stores.

## Security

In any situation where you are concerned about illegal activity or the safety and welfare of an individual, contact the dedicated East Village Police team on **07843 065871** or email them at [eastvillagemailbox-.e20@met.police.uk](mailto:eastvillagemailbox-.e20@met.police.uk).

In any emergency situation where an urgent response is required, always phone **999** for Fire, Ambulance and Police services.

BROUGHT TO YOU BY

**getliving**

Welcome Office  
5 Celebration Avenue  
East Village, E20 1DB

Monday – Friday: 9am – 7pm  
Saturday: 9am – 5pm

t: 0203 701 7900  
e: [community@getliving.com](mailto:community@getliving.com)

homes  
**triathlon**

Village Management Office  
80 Celebration Avenue  
East Village, E20 1DB

Monday – Friday: 8.30am – 6pm  
Saturday: 9am – 12.30pm

t: 0333 300 20122  
e: [info@triathlonhomes.com](mailto:info@triathlonhomes.com)

Team  
**east village  
london E20**

Keep up to date with what's going on in your neighbourhood at:

 [eastvillagelondon](https://www.facebook.com/eastvillagelondon)

 [@eastvillagelondon](https://www.instagram.com/eastvillagelondon)

 [@eastvillagelondon](https://twitter.com/eastvillagelondon)

[eastvillagelondon.co.uk](http://eastvillagelondon.co.uk)